

INFORMED CONSENT INFRARED LASER THERAPY

Laser therapy (BIO PHOTO MODULATION, BPM) is a safe and effective therapy for relief of pain and reduction of symptoms associated with mild arthritis and soft tissue (tendon, muscle, ligaments) injuries. Laser also promotes relaxation of muscle spasm and improves circulations & oxygenation via vasodilation.

K-Laser device is TGA approved in Australia. FDA cleared in the USA and CE in Europe. Superficially your experience may feel minimal or insignificant because it's largely a non-painful treatment. However, laser therapy is known to produce substantial results in targeted tissues, lasting for hours, days or weeks.

Adverse effects from laser therapy are normally rare and temporary. They may occur from multiple causes including hypersensitivity, pre-existing health conditions, thermal effects, excessive pressure from the probe, and laser over-stimulation.

Laser light can damage the retina in your eye. A pair of protective glasses is provided for your safety.

The most Common adverse effects are:

- Temporary increase in pain the following day after laser therapy.
- Mild bruising from vasodilation or direct pressure of the handpiece.
- Temporary dizziness.
- Skin reaction from make up and photosensitizing drugs.

I understand the risks of laser therapy and agree to the treatment program outlined by my doctor.

Patient signature: _____ Date: _____

Please Print Name: _____

Date of Birth: _____

Staff witness: _____ Date: _____

QUESTIONS BEFORE LASER SESSION

- Did you remove any cream or make up?
- Are you pregnant?
- Do you take Oral medication with a photosensitizing drug?
- Have you been diagnosed with cancer?
- Did you receive a corticosteroid injection in the past 10 days?
- Do you have a pacemaker or other electronic implant?
- Do you suffer from epilepsy?