

## INFORMED CONSENT

### < SPINAL DECOMPRESSION THERAPY >

At SpinoConcept we are proud to be one of the two sites in Melbourne to incorporate into our practice Hill Laboratory's 'Non Surgical Spinal DT (Decompression Therapy)' to meet the increasing demand and providing superior care to our valued patients.

Researches have consistently shown that this new, gentle and spinal disc specific technique may be able to help your pain & dysfunction and restore spinal disc health and joint mobility you have one or more of the following diagnosis ~

- **Bulging/Herniated Discs**
- **Degenerative joint & disc disease  
(dehydration / desiccation / fissure)**
- **Facet Syndrome**
- **Failed Back Surgery Syndrome  
(Recurrence or persistence of spinal disc / neurological conditions)**
- **Spinal Canal Stenosis & Neuro-Compression**

The Hills DT through its BIT (Bio-Intuitive Technology) & transducer-actuator mechanism creates therapeutic negative pressure within the discs by providing a series of precisely controlled slow pulls, holds and releases, based on advanced computerized programs.

Over time, this repetitive vacuum effect help the bulging disc material to be resorbed / 'drawn back into place' and the surrounding joints, muscles, ligaments & other connected tissue to become more flexible again. The fibres in the outer ring of the disc are also helped to heal by the increased osmotic nutrient exchange by to the gentle pumping movement created around the disc and facet joints.

Dr Henry has already thoroughly studied your case (including past &/or current X-Rays/CT/MRI where indicated) and arrived at the decision that decompression treatment is an appropriate intervention for your case.

However, as with any treatments there are inherent risks factors. Therefore, we require additional information so that such risks are minimized before commencing DT. We are required to adhere to strict protocols and make best clinical judgment to protect you.

Albeit being rare, there are cases where risks outweighs the benefit of the proposed Decompression Therapy. Dr Henry Lin reserves the right to discontinue / decline treatment.

Please tick all applicable items ~

- Current acute injury
- Past spinal surgical fusion/discectomy/decompression
- Meningitis/Arachnoiditis
- Cancer / Metastasis
- Pain in BOTH arms/legs
- Auto-immune Arthritides (eg. Rheumatism/Psoriatic arthritis/SLE)
- Fracture of spine/rib cage/collar bone
- Osteoporosis/Osteopaenia
- Abdominal pressure (aneurism/severe haemorrhoids)
- Current Pregnancy / IVF
- Cardiac/Respiratory issues
- Anxiety/phobia
- Joint hypermobility/spinal listhesis (bone slippage)
  
- None of the above

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I have read and understood the treatment that I will receive. I acknowledge the contraindications and potential risk factors and agree to proceed with the treatment program proposed by my doctor. I also understand that I can withdraw my consent anytime.

Patient signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please Print Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Staff witness: \_\_\_\_\_ Date: \_\_\_\_\_